

| Monday                                                                                                                                                                          | Tuesday                                                                                                                                                            | Wednesday                                                                                                                                                             | Thursday                                                                                                                                                                  | Friday                                                                                                                                            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                  | 1<br>8:00 Trivia<br>9:30 Progressive Muscle Relaxation<br>10:00 Leaf Wreaths<br>12:30 Summer Stroll<br>1:00 Smore Craft<br>2:15 Red or black                       | 2<br>8:00 Would You Rather<br>9:30 Drums Alive<br>10:00 Pokeno<br>12:30 Summer Stroll<br>1:00 Karaoke<br>2:15 T.V. Trivia                                             | 3<br>8:00 Snapple Facts<br>9:30 Color Guard Stretch<br>10:00 Yard Games<br>12:30 Summer Stroll<br>1:00 Q- Tip Painting<br>2:15 Chalkboard Challenge                       | 4<br>8:00 This or That<br>9:30 Chair Exercises<br>10:00 Bingo<br>12:30 Summer Stroll<br>1:00 Pick Your Own # Bingo<br>2:15 Word Scramble          |
| 7<br>8:00 Riddle Me This<br>9:30 Chair Yoga<br>10:00 Beaded Pipe Cleaner Butterflies<br>12:30 Summer Stroll<br>1:00 Make Your Own Root Beer Floats<br>2:15 Chalkboard Challenge | 8<br>8:00 Trivia<br>9:30 Progressive Muscle Relaxation<br>10:00 Happy Flower Craft<br>12:30 Summer Stroll<br>1:00 Caramel Apple Craft<br>2:15 Red or Black         | 9<br>8:00 Would You Rather<br>9:30 Drums Alive<br>10:00 Decorate a Teddy Bear<br>12:30 Summer Stroll<br>1:00 Board Games/Blood Pressure Education<br>2:15 T.V. Trivia | 10<br>8:00 Snapple Facts<br>9:30 Exercise Stretches<br>10:00 Supermarket Games<br>12:30 Summer Stroll<br>1:00 Take a Picture Day<br>2:15 Chalkboard Challenge             | 11<br>8:00 This or That<br>9:30 Chair Exercises<br>10:00 Emoji Bingo<br>12:30 Summer Stroll<br>1:00 Lucky 7<br>2:15 Word Scramble                 |
| 14<br>8:00 Riddle Me This<br>9:30 Chair Yoga<br>10:00 Fall Tissue Paper Leaf Craft<br>12:30 Summer Stroll<br>1:00 Cheerios Starfish<br>2:15 Chalkboard Challenge                | 15<br>8:00 Trivia<br>9:30 Progressive Muscle Relaxation<br>10:00 Scarecrow Paper Plate Faces<br>12:30 Summer Stroll<br>1:00 Suncatchers<br>2:15 Red or Black       | 16<br>8:00 Would You Rather<br>9:30 Drums Alive<br>10:00 Play-Doh<br>12:30 Summer Stroll<br>1:00 Hoot Owl Craft<br>T.V. Trivia                                        | 17<br>8:00 Snapple Facts<br>9:30 Color Guard Stretch<br>10:00 Slime Time<br>12:30 Summer Stroll<br>1:00 Make Your Own Apple Dumplings<br>2:15 Chalkboard Challenge        | 18<br>8:00 This or That<br>9:30 Chair Exercises<br>10:00 Bird Watching Bingo<br>12:30 Summer Stroll<br>1:00 Tea Party Bingo<br>2:15 Word Scramble |
| 21<br>8:00 Riddle Me This<br>9:30 Chair Yoga<br>10:00 Owl Water Paint Craft<br>12:30 Fall Stroll<br>1:00 Price is Right<br>2:15 Chalkboard Challenge                            | 22<br>8:00 Trivia<br>9:30 Progressive Muscle Relaxation<br>10:00 Manicures/ Memory Classic Trivia<br>12:30 Fall Stroll<br>1:00 Elephant Craft<br>2:15 Red or Black | 23<br>8:00 Would You Rather<br>9:30 Drums Alive<br>10:00 Memory Trays<br>12:30 Fall Stroll<br>1:00 Fishbowl Handprint Craft<br>2:15 T.V. Trivia                       | 24<br>8:00 Snapple Facts<br>9:30 Exercise Stretches<br>10:00 Bird House Painting<br>12:30 Fall Stroll<br>1:00 High -Low/ Skin Care Education<br>2:15 Chalkboard Challenge | 25<br>8:00 This or That<br>9:30 Chair Exercises<br>10:00 Happy Birthday Jingo<br>12:30 Fall Stroll<br>1:00 Food Jingo<br>2:15 Word Scramble       |
| 28<br>8:00 Riddle Me This<br>9:30 Chair Yoga<br>10:00 Bead Jewelry/Dominoes<br>12:30 Summer Stroll<br>1:00 Magazine Hunt<br>2:15 Chalkboard Challenge                           | 29<br>8:00 Trivia<br>9:30 Progressive Muscle Relaxation<br>10:00 Parrot Puppets<br>12:30 Summer Stroll<br>1:00 Tissue Paper Campfire Craft<br>2:15 Red or Black    | 30<br>8:00 Would You Rather<br>9:30 Drums Alive<br>10:00 Chris Waters<br>12:30 Summer Stroll<br>1:00 Family Fued<br>2:15 T.V. Trivia                                  |                                                                                      |                                                                                                                                                   |